

Dear Parent,

It is not what you do for your children, but what you have taught them to do for themselves, that will make them successful human beings. – Anne Landers

This is precisely what **Pragathi Central Schools** emphasise on. Our children must be the exemplars of future generation in acts of responsibility, sharing, caring, humility and kindness for the family and community. It strongly believes that inculcating true sense of responsibility towards their work and the family is an essential part of the 'growing-up' years.

PROJECT – 1

TIME MANAGEMENT – HOW TO PUT YOUR TIME TO PRODUCTIVE USE

A landmark Harvard study, spanning 75 years, reveals that kids who consistently do chores are more likely to grow into successful, happy and well-adjusted adults. The research shows that teaching responsibility through age-appropriate tasks at home builds crucial life skills such as self esteem, work ethics, accountability and teamwork.

The study concluded that children who do chores from a young age are more successful later in life and happier.

Please make a time table of yours with the chores listed below:

1. Cleaning the water bottle. **(Compulsory-to be done every day)**
2. Making the bed after waking up and folding the blanket. **(Compulsory- to be done every day)**
3. Folding the clothes / cleaning the plates and tumblers / watering plants/ learn to do the dishes / sweeping – **any three to be done every day)**
4. DEAR Time - Read the stories from English Sem-1 T.B. **(Compulsory)**
5. Nap time - **2.00 pm to 4.00 pm (compulsory)**
6. Recreation – Playing / watching TV

BASIC COOKING SKILLS

- Children understand the essential idea of nutritional foods, kitchen cleanliness, healthy food choices, etc.
- These basic cooking ideas **MUST BE DONE UNDER CLOSE PARENTAL MONITORING AND STRICT SUPERVISION.**

Note : Children must not be allowed alone into the kitchen.

Activities :

1. Prepare beverage like-Lemonade/Buttermilk and serve family members.
(Compulsory to be done every day)
2. Prepare veg and fruit salad / Sandwich / Sprouts salad
3. Dinner time - Help your parents clear the dishes and clean the table.
4. Peeling / Grating vegetables and fruits.

PROJECT – 2

NON-DOMINANT HAND ACTIVITIES

Practising the use of the non-dominant hand has several benefits for children, both physically and cognitively. Here's why it's a great exercise during vacations and beyond:

1. Enhances Brain Development :

Using the non-dominant hand strengthens connections between the left and right hemispheres of the brain. It improves neuroplasticity, helping children develop new skills faster.

2. Improves Coordination & Motor Skills :

Helps with fine motor control (writing, cutting, buttoning shirts, etc.). Enhances eye-hand coordination needed for sports and daily tasks.

3. Boosts Creativity & Problem-Solving :

Activates different areas of the brain, leading to better thinking and creativity. Encourages children to find new ways to complete tasks, improving adaptability.

4. Strengthens Ambidexterity :

Makes children more comfortable using both hands, which is useful for activities like playing instruments, sports, and multitasking. Helps if one hand gets injured, allowing them to continue daily tasks with ease.

5. Increases Patience & Focus :

The challenge of using the non-dominant hand teaches patience and persistence. Requires greater concentration, which can enhance focus in other areas of life.

6. Prepares for Real-World Applications :

Many careers and hobbies (sports, art, surgery, music, gaming) require good control of both hands.

Makes children more adaptable and capable in different situations.

Activities :

- Write one point everyday from the code of conduct. (Ref : School diary)
- Buttoning shirt
- Brushing teeth
- Eating with spoon
- Drawing and Colouring
- Turning the pages one at a time.

PROJECT – 3

LIFE SKILLS

Practising Life Skills during vacation helps children develop independence, confidence and essential abilities for daily life.

Topics :

(i) Stranger danger

(ii) Mindful eating

Follow 3 'S's :

- Eat Slowly
- Eat Small bites
- Eat Silently

Follow EWWTPP :

Eat Without Watching T.V., Tab and Phone.

(iii) Anti bullying

(iv) How to be a good guest and a good host



Note : 1) Teach the above Life Skills which you learnt in the school to their group of cousins / family members and friends.

2) While explaining click pictures and make a collage.

PROJECT – 4

GROW YOUR OWN KITCHEN GARDEN

To boost confidence, essential life skills, environmental responsibility and creativity.

Benefits of Children Growing Their Own Kitchen Garden:

1. **Encourages Healthy Eating** : Kids are more likely to eat fresh, homegrown vegetables.
2. **Teaches Responsibility** : Caring for plants helps build patience and accountability.
3. **Enhances Motor Skills** : Activities like planting, watering and harvesting improve confidence & love for plants.
4. **Promotes Reuse & Recycling** : Growing methi, coriander and onion springs/sprouts in reused containers/plastic bags/pots, etc. This teaches eco-friendly habits.
 - Do not forget to collect the everyday kitchen waste such as veg peels, rice water, used tea powder, etc.,
5. **Provides a Fun & Engaging Hobby** : Gardening reduces stress and encourages creativity.

Safety Tip : • Do not place plants on balcony walls or at a height, as it can be very risky for children when trying to water the plants.

- Place plants on the floor to avoid any risk or falls.

ONCE A WEEK ACTIVITIES

- Start from sowing the seeds to seeing the plants grow.
- Once a week click a picture and make a **collage of your kitchen garden** after 5 weeks.

PROJECT - 5

"A penny saved is a penny earned" - Benjamin Franklin

SUMMER SAVINGS ACTIVITY

Teaching children to save money during vacation helps them develop financial responsibility , understand the value of money, and learn sensible spending alongside. Preparing kids to manage finances in the future in an effective manner.

- **How to save** : Set aside a small amount of money (**less than ₹10**) each day and put it into your **piggy bank**.
- **Goal**: On the **last Sunday of your summer holiday**, open your piggy bank and count how much you have saved.
- **Next Step**: Hand over the collected money to your **mother or father** and ask them to deposit it into their bank account.

Happy Saving! Every small step towards managing money makes a big difference!

ACADEMIC HOME WORK

ENGLISH

I. READING AS AN ESSENTIAL HOBBY:

Children can read any story book or else the list of books for Indian children to enjoy during vacation. These books include Indian authors and stories which reflect Indian culture, history, values and everyday life making them enjoyable and relatable for children.

1. The Gopi Diaries – Sudha Murty
2. Grandma's Bag of Stories – Sudha Murty
3. Manya Learns to Roar – Shruthi Rao
4. The Magic Drum and Other Stories – Sudha Murty
5. Tenali Raman Stories – Various Authors

WORK TO DO:

1. Note down people, places, animals and things from stories in note book.
2. Write as many words as you can form the words given.

Apartment _____, _____, _____, _____
Elephant _____, _____, _____, _____
Conversation _____, _____, _____, _____

II. WORD CHAIN REACTION:

Create a word chain where each word starts with the last letter of the previous word.

***Instructions: ***

1. Start with a given word or choose a word of your own.
2. Think of a word that starts with the last letter of the previous word.
3. Write down the new word.
4. Repeat steps 2-3 to create a chain of words.
5. Continue the chain for as long as you can.

***Example: *** Start with the word "CAT"

1. CAT → TIGER
2. TIGER → RHINO
3. RHINO → OCELOT
4. OCELOT → TORNADO
5. TORNADO → OSTRICH

Tips:

1. Use your text book to create word chain

III. TONGUE TWISTER:

1. She sells sea shells on the seashore.
2. Kitty caught the kitten in the kitchen.
3. A big black bug bit a big black bear.

MATH

Activity-1:

Make a kite using any colour paper. Select one single digit number and write it's multiples on its string as shown in the picture. Follow the same procedure for 6 to 9 tables. (Learn all the tables by heart).



Activit-2: Find your family members age:

- Collect the birth years of your family members.
- Subtract their birth years from the present year.

Activity-3:

Prepare a pictograph to show how many times different summer fruits are consumed per week. (Do it in A4 sheet paper).

SUBJECT: HINDI

I. कठिन शब्द पढ़कर लिखिए -

- | | | | | |
|------------|-------------|-------------|--------------|---------------|
| 1. अँधेरा | 2. भविष्य | 3. प्रशंसा | 4. अँगड़ाई | 5. व्यवहार |
| 6. सच्चाई | 7. मणियाँ | 8. ध्यान | 9. फैलाओ | 10. सुहानी |
| 11. जाँची | 12. अम्मा | 13. निर्वाह | 14. पुरस्कार | 15. बुद्धिमान |
| 16. उन्नति | 17. इंटरनेट | 18. चिट्ठी | 19. जिज्ञासा | 20. मनुष्य |

II. सूचना के अनुसार लिखिए ।

1. सप्ताह के दिनों के नाम हिंदि में लिखिए ।
2. रंगों के नाम लिखिए ।
3. कुछ पशु-पक्षियों के नाम लिखिए ।
4. 1 से 30 तक गिनती हिन्दी में लिखिए ।

III. हरदिन कविता का वाचन कीजिए ।

समय का जो रखता ध्यान,
जग में होता उसका मान ।
समय को जो खोता है,
बाद में रोता रहता है ।
समय कभी नहीं रुकता है,
चलता है, बस चलता है।
सफल वही यहाँ रहता है,
समय के साथ जो चलता है ।



SUBJECT: TELUGU

మొదటివారం : ఇంటి నిర్మాణం T.B pg.no. 10, 11 (రాయుట, చదువుట)

రెండవ వారం : అడవి T.B pg.no. 12, 13 (రాయుట, చదువుట)

మూడవ వారం : దుకాణం T.B pg.no. 14, 15 (రాయుట, చదువుట)

నాల్గవ వారం : అంగడి T.B pg.no. 16, 17 (రాయుట, చదువుట)

ఐదవ వారం : చలికాలం T.B pg.no. 18, 19 (రాయుట, చదువుట)

అక్షర గుండ్రతకోసం :- ప్రతిరోజూ రెండు లైన్లు కాపీ రైటింగ్ బుక్ లో రాయండి.

SCIENCE

Activity:

- Making a collage with dried leaves.
- Create a collage using dried leaves on a A4 sheet paper which develops creativity and fine motor skills through arranging and gluing leaves.



NEW WORDS

Le 1 Eating Habits of Animals	15. li/za/rds	Le.2 All About Soil	Le:3 Solids, Liquids and Gases
1. gra/ze	16. gra/bb/ing	1. cl/ay	1. so/lid
2. sur/vi/ve	17. ear/th/wo/rm	2. hu/mus	2. li/qui/d
3. he/al/thy	18. su/ck/ing	3. sea sho/res	3. gas/es
4. her/bi/vo/res	19. mos/qui/to/es	4. ri/ver ban/ks	4. fix/ed sha/pe
5. car/ni/vo/res	20. su/ck	5. par/ti/cl/es	5. pla/st/ic
6. om/ni/vo/res		6. sti/cky	6. con/tai/ner
7. ce/re/als		7. lo/am	7. fr/ee/zing
8. pul/ses		8. ma/nu/re	8. mel/ti/ng
9. bi/ti/ng		9. ro/tt/ing	9. con/den/sa/tion
10. che/wi/ng		10. ear/th wor/ms	10. eva/po/ra/tion
11. gna/wing		11. in/se/cts	
12. pr/ey		12. fer/ti/le	
13. la/pp/ing		13. bri/cks	
14. swa/llo/wing		14. gra/vel	

SOCIAL

I. Read States and capitals from T.B.

II. Activity: You may visit any village/town/ city during the summer vacation.

Take the help of your parents to find the following details about that place and note down in your homework book.

- 1) State in which the place lies - _____
- 2) Name of the district that the place comes under - _____
- 3) The famous place of the village/town/city - _____
- 4) The climate of that place - _____
- 5) The type of landform - _____

III. Name different community helpers you see in your neighbourhood and write their names, the jobs they do and the place they work.

NEW WORDS

Le-1 Up in the Sky	Le-2 Our Beautiful	
1. hea/ven/ly bo/dies	1. sur/rou/nded	20. Af/rica
2. pla/nets	2. at/mos/phe/re	21. Nor/th Ame/ri/ca
3. so/lar sys/tem	3. tem/per/atu/re	22. Sou/th Ame/ri/ca
4. Mer/cu/ry	4. Fer/di/nand/	23. An/tarc/tica
5. Ve/nus	5. Spa/in	24. Eu/ro/pe
6. Ear/th	7. glo/be	25. Aus/tra/lia
7. Ma/rs	8. at/las	
8. Ju/pi/ter	10. di/re/ct/ions	
9. Sat/urn	11. com/pass	
10. Ura/nus	12. sai/ling	
11. Nep/tune	14. Pa/ci/fic Oce/an	
12. sa/te/lite	15. In/di/an/ Oce/an	
13. Ne/il arm/st/rong	16. An/tar/ctic	
14. Ed/win ald/rin	17. At/lan/tic Oce/an	
15. si/ri/us	18. Arc/tic/ Oce/an	
16. con/ste/lations	19. As/ia	